### Referral Form

Young Persons Name
School Year Gender
School
Parents Name
Parents Phone
Address
Referred By
Relationship
Contact Phone
Reason for Referral

Send completed details asap...

Email: office@yat.org.nz

Post/Drop-Off: Grace Vineyard, 111 Seaview Road, New Brighton, Christchurch, 8061

Phone: 03 3881001

# What is Youth Alive Trust?

*Youth Alive Trust* was established in 1989 to support young people in New Brighton and surrounding suburbs. We aim to support young people holistically, socially, emotionally, mentally and spiritually through our programmes and our staff and volunteers.

- Weekly Clubs Our weekly after school and evening clubs including: Boys Club (Years 1 - 6), Girls Club (Years 1 - 6), Basketball (Years 3 - 13), Youth Choir (Years 4 - 8), Kitchen Klub (Years 6 - 9), Craft Club (Years 6 - 9), Table Tennis (Years 6 - 13), Rock Solid (Years 7 - 8) Surge (Years 9 - 13).
- 2. School Youth Workers Supporting the students in class, at lunchtimes, and through extra curricula activities at Rawhiti Primary, and South New Brighton Primary Schools; Avonside Girls and Shirley Boys High Schools (24/7).
- 3. Holiday Programmes and OSCAR We run three different holiday programmes, Years 1 4, 5 9 and Breakaway for Years 9 13. Also Senior OSCAR runs everyday after school for Years 5-8.
- 4. Camps We take youth on overnight and weekends away throughout the year, such as Easter Camp, Winter Camp, AMPED Camp, Father Son Camp and Mother Daughter Camp.
- 5. **One to One** Counselling and Mentoring one-on-one with young people for relational support, goal setting and encouragement.
- 6. Library Youthwork Support in New Brighton Library everyday after school, on weekends, and school holidays.
- 7. **Community Events** Large community events such as the Skate Jam, I Love New Brighton, School Fairs, EPIC Dance Parties, Sk8 Jame, Engage Programme and our Family Fun Night.
- 8. Parenting and Pre-school Programmes and partnerships such as
   Bump Antenatal Classes, Breast-Feeding Drop In, Little Bears
   Playgroups, Parenting Toolbox Courses and Parenting Seminars.
- 9. Amplify School of Music, Lessons and Youth Bands, and music recording in our purpose build music rooms.
- 10.Volunteer Training and Support We recruit, train and encourage volunteers to work in their community, on events and programmes. We also host interns.





Engage with life Engage with your community Engage with your dreams



#### A Personal Development Programme for Intermediates

Guys Group & Girls Group Starting Nov 2016!!

### What is Engage New Brighton?

Engage is a personal development programme for Years 7 & 8, that helps them to engage the body, mind and community spirit. It is ran over 4 consecutive Saturdays, by local youthworkers who engage the young people through;



Physical Activities... such as surfing, mountain biking and blowkarting,



Personal Development... learning about yourself in relationship to others, such as personality tests, decision making and goal setting



Community Engagement... such as learning about local history, key local people and activities they can regularly be a part of.

"It is not the mountain we conquer but ourselves" Sir Edmund Hilary

#### Timetable

5th Nov: Boys -Biking. Girls -Blow Karting
12th Nov: Boys -Blow Karting. Girls -Surfing
19th Nov: Boys -Surfing. Girls -Biking
26th Nov: Boys & Girls - Community Project



### Key Dates & Times

The Programme runs on the 4 Saturdays in November from 11:00am - 5:30pm. Lunch and snacks provided each day!!



#### Mentoring

Each participant of the programme will be offered 2 further mentoring sessions with a leader from the Engage Programme, to reflect on the programme and set goals for the future.

### Who runs Engage?

The Engage team is lead by experienced and trained youthwork staff from Youth Alive Trust. The Guys Engage is led by Trust Manager James Ridpath, and the Girls Engage team is led by intermediates youth worker Esther Mitchell. A maximum of 16 youth per programme plus 4 leaders.

Sessions are based from Grace Vineyard Beach Campus, 111 Seaview Road, New Brighton. Please chat to us if transport is an issue. Note: No religious teaching is a part of this programme.



## Who funds Engage?

The Engage programme is offered FREE to referred participants, with thanks to funds from the Burwood Pegasus Board of the Christchurch City Council, through the New Brighton Community Safety Partnership.